

Planetary Interstellar Mission: New Earth Jurisdiction - CREDO

<https://www.youtube.com/watch?v=oTTPBn4ttDc>

Galactic Ascension Mission: Connection With Our Inner Christos Every Day

<https://www.youtube.com/watch?v=lvVRfAlwOrM>

5D Project 4 DARPA-HYDRA-MC from the Ashtar Galactic Command

<https://www.youtube.com/watch?v=Yox7VA1L14c>

Ascension: Tools for SELF-Transformation

<https://www.youtube.com/watch?v=amStl5qxBW8>

Abductions by NAZI-ZETA-HYDRA-GIZA Intelligence under the Law of One

<https://www.youtube.com/watch?v=SnKuCj1xVFU>

**5D Report & Beyond: Know That You Are Loved: Divine Order/Law/Will -
SELF-Mastery**

https://www.youtube.com/watch?v=TwYBi94Tb_M

5D Report & Beyond: May Peace Be With You: Love * Abundance * Liberation

<https://www.youtube.com/watch?v=JZBUCMF4Z8I>

**Starseeds & Indigos: Ascension Protocol: Christos Mission/History - Galactic
Codex - New Earth**

<https://www.youtube.com/watch?v=tBvugUOuATc>

Galactic MultiD Report: Ascension: High Vibes: New Organic Timeline

https://www.youtube.com/watch?v=w3_qby5pODY

Galactic Ascension Mission: March energies 2021: Loosh: Ego vs. Soul:

<https://www.youtube.com/watch?v=YEXneHQLTEY>

Galactic Mission: 8/8 Portal: New Ascension Timeline - Yoga Path

<https://www.youtube.com/watch?v=xf2GGdITVp4>

Ascension Galactic Mission: Touching on Questions from Arkad Medical Research Quantum Hospital

https://www.youtube.com/watch?v=YtLFssa7_2Y

Ascension Interstellar Mission: Galactic Codex ▪ Answering Questions for Arkad - Medical Research

<https://www.youtube.com/watch?v=SnKuCj1xVFU>

Ascension Galactic Mission: New Earth Jurisdiction ▪Galactic Codex▪Solfeggio Tones

<https://www.youtube.com/watch?v=cCGPo11fFFQ>

Galactic Ascension Mission: Webinar for Healing and Transformation with Prayers - Mind Illumination

<https://www.youtube.com/watch?v=CtdKKaliJjc>

Galactic Ascension Mission: Webinar for Healing and Transformation with Solar Light Transmission

<https://www.youtube.com/watch?v=kTYBE6bEUdM>

Galactic Ascension Mission: Webinar 3 Solfeggio Tones - Ancient Sacred Science Resurrection

https://www.youtube.com/watch?v=ld_lhFMahPM

Starseeds & Indigo Warriors: Divine Justice ~ Universal Laws ~ Love and Freedom - Part I

<https://www.youtube.com/watch?v=gc4IL9MAcvQ>

Starseeds & Indigo Warriors: Universal Laws ~ Divine Justice ~ Galactic Codex Implementation - Part 2

<https://www.youtube.com/watch?v=MRvvKKVYfds>

Star-Seeds & Indigo Races: Ascension Protocol ▪ Galactic Codex ▪ Metaverse Vs. Hyperspace ▪ 5D New Earth & Beyond

<https://www.youtube.com/watch?v=GmadwV-6qrE>

Starseeds Indigos: Ascension Protocol 4 MC ▪ Galactic Codex ▪ Freedom ▪ Transformation (Shadow work) & Divine Justice

<https://www.youtube.com/watch?v=x-2Kmna0c1c>

Indigo Warriors: Ascension Protocol 4 NAA ▪ Galactic Codex (Exo-politics) ▪ Transformation ▪ Divine Justice ▪ 5D New Earth

<https://www.youtube.com/watch?v=AEzDenFUPbs>

Indigos & Starseeds: Ascension Protocol 4 MC ▪ Galactic Codex - Planetary Mission ▪ Japa/Mantra Meditation 4 Transformation & Self-Mastery ▪ Divine Justice: Peace on Earth

<https://www.youtube.com/watch?v=ZkXbUYAgL0g>

Guardians: Indigos: Starseeds: Christos Mission ▪ Ascension Protocol 4MC ▪ Galactic Codex 4 MK-Ultra Monarch ▪ New Earth

https://www.youtube.com/watch?v=k_lPIK6oJYc

Starseeds & Indigos: Christos Mission - Ashram 4 Veterans and The Elite ▪ Ascension Protocol 4 MC (Skull and Bones) ▪ Galactic Codex ▪ New Earth

<https://www.youtube.com/watch?v=B1VDLo4IIC8>

Starseeds Indigos Guardians: Ascension ▪ Project 4 Warriors ▪ Galactic Codex ▪ Transformation (Peace on Earth 108x)

<https://www.youtube.com/watch?v=WtC8gKYWVck>

Indigo Warriors: Ascension Protocol 4 MC ▪ Project 4 Veterans ▪ Galactic Codex ▪ New Earth Architecture/Grid

<https://www.youtube.com/watch?v=69i26E4nI5o>

The Content Of The Above Video:

- What is ascension
- 12D Shielding
- Unity Vow
- Emerald Order
- 5D Protocol from Telos
- Quantum Manifestation
- Detox 101 by Marina Jacobi
- Balancing Karma Through Nutrition
- Karma Yoga: Ashram: Service 2 Others
- Eight Steps of Yoga: Art and Science
- Galactic Codex: Know Your Rights
- Violet Flame 4 Transformation
- Chanting: Japa/Mantra Meditation
- Listening to Solfeggio Tones 432 Hz
- Coloring Mandalas: Sacred Geometry
- PTSD: Time 2 Heal by Cathy O'Brian
- Law of One: Cosmic Sovereign Law

**Indigo Warrior: New Earth Jurisdiction ▪ Galactic Codex Implementation ▪
Ascension: Guardian Protocol 4 Skull and Bones & OTO: The Elite in DARPA ▪
Soul Reunion: Divine Template 4 The New Earth Relationships**

<https://www.youtube.com/watch?v=g7jc83oQePg>

**Indigo Warrior: Ascension base 12 Math: Guardian Protocol 4 The Elite
DARPA ☿ Project 4 Veterans: Marines Skull & Bones - Hydra ☿ Galactic
Codex Installed ☿ Astral Reconstruction: Soul Retrieval**

<https://www.youtube.com/watch?v=3k272ziAylc>

**Indigo Warrior: Guardian: Project 4 Military ☆ Galactic Codex ☆ NAA:
Exo-politics: Alien A.I. ☆ Law of One Implementation**

<https://www.youtube.com/watch?v=M3srhx4ENoU>

Indigo Warrior: Ascension Guardian Protocol ▪ Galactic Codex ▪ Warrior
Project (8 Steps of Yoga - Law of One) ▪ New Earth

<https://www.youtube.com/watch?v=Dnv6hDEOe2M>

YOGA is an ancient discipline that comes from India. It means union of body, mind and soul, union with the Divine, with the Holy Spirit. Yoga is the path - *yana* - that leads to re-connection with your Soul - your true SELF through the Heart structure. It is an art and science for achieving SELF-realization and Self-mastery. It teaches how to become whole and complete (conscious and aware). Life is a Paradise - mysterious journey of self-exploration and self-evolution and through practicing yoga one can be sure he/she is on the right path to enlightenment - illumination of the mind, body, heart and soul.

1. Yama or Social Ethics

- no harm, truthfulness, no stealing, moderation, and modesty

2. Niyama or Personal Principles

- cleanliness, contentment, austerity, study, and self-surrender to Source - Supreme Intelligence through the Inner Christ SELF

3. Asana or Postures

- yoga postures

4. Pranayama or Control of the Breath

- control of the breath, prana, which is the source of all energy and the vital force in every being

5. Pratyahara or Inward Focus

- restraint of the senses from their objects

6. Dharana or Concentration

- fixing the mind on a spot

7. Dhyana or Meditation

8. Samadhi or Super Conscious Experience - NIRVANA

LAW OF ONE

https://ascensionglossary.com/index.php/Law_of_One

Indigo Warrior: Ascension ▪ Christos Mission ▪ Project 4 Veterans ▪ Genetic
Engineering Under The Galactic Codex ▪ New Earth - Paradise - Lemuria

<https://www.youtube.com/watch?v=kWzxF91UoQ>

Yana Kalai: Law Of One◇Divine Jurisdiction◇Galactic Project◇Ascension◇
Kabbala with 10 Spheres - Luciferians◇Liberation◇New Earth

https://www.youtube.com/watch?v=9i_7ruzHjS8

I AM THE VIOLET FLAME IN ACTION IN ME NOW
I AM THE VIOLET FLAME TO LIGHT ALONE I BOW
I AM THE VIOLET FLAME IN MIGHTY COSMIC POWER
I AM THE LIGHT OF GOD SHINING EVERY HOUR
I AM THE VIOLET FLAME BLAZING LIKE A SUN
I AM GOD'S SACRED POWER FREEING EVERYONE

Kabbalistic Demonology

https://ascensionglossary.com/index.php/Kabbalistic_Demonology

Vs. Catharism

<https://ascensionglossary.com/index.php/Cathar>

Luciferian Knight Templar

https://ascensionglossary.com/index.php/Luciferian_Knights_Templar

Vs. Essene, Christos Templars

https://ascensionglossary.com/index.php/Essenes,_Christos_Templars

Sexual Misery

https://ascensionglossary.com/index.php/Sexual_Misery

Soul Fragmentation

https://ascensionglossary.com/index.php/Soul_Fragmentation

OTO

<https://ascensionglossary.com/index.php/OTO>